



Are you an adult currently caring for a child, parent or partner?

We acknowledge the difficulties of caring for a family member alongside all of life's other demands.

Here at _____ we work in partnership with Suffolk Family Carers who can provide reassurance, information and guidance to support you in your role because we know that looking after yourself is important to enable you to look after others.

Do you have children who also may be affected by the health of a family member?

Suffolk Family Carers can work with you to help your child better understand the illness or health needs of their parent/sibling, reduce any worries, to ensure your child continues to access the childhood you want for them.

For more information please email _____ or speak to a member of staff in the reception.

I believe that it takes a village to raise a child, and the same goes for kids who may have additional responsibilities and challenges. My child has found having help from various different places assures he has the support he needs.

Parent of a child with a caring responsibility